Unit 10 · Instructions and Directions

STUDY NOTES

The unit in one line

- **instructions**: tell someone how to do something (*Stir the mixture.*)
- **directions**: tell someone how to get to a place (*Turn left at the bank.*)
- both start with the **verb**: *go, turn, cross, open*

Getting started

- **signs:** straight arrow = *Go straight*; bent arrow = *Turn right*; zebra crossing = *Cross the road here*; open door = *Open the door / Go in*
- **zebra crossing:** drivers must stop for walkers; still look right, left, right, and cross when vehicles have stopped

Song: Cook it!

- a list of short kitchen **commands**, two verbs a line: *open it, weigh it, shake it out*
- never says what is cooked: *it* could be anything
- quick, bouncy beat, like a cook working fast
- rhymes: *out / about*, *through / few*
- act the verbs: **peel** (skin off), **chop** (cut up and down), **stir** (spoon round), **squeeze** (press hard), **pinch** (a little between finger and thumb), **sieve** (shake through a net), **knead** (push dough)

Reading I: How to Make Pancakes (a recipe)

- **recipe** = how to cook something; two parts:
  - **ingredients**: what you need
  - **procedure**: the steps, in order, each starting with a verb
- **ingredients:** 100 g flour, **two eggs**, 300 ml milk, a lemon, some sugar
- **steps:**
  1. break the eggs into a bowl, add the milk
  2. **sieve** the flour in, **stir** till smooth (the **mixture**)
  3. a spoonful into a hot frying pan, cook **one minute**
  4. **flip** it, cook the other side **one minute**
  5. squeeze lemon juice on it, sprinkle sugar, eat
- order words: **first, next, then, now / finally**
- Nepal's pancakes: **chatamari** (Newari, rice flour, topped with egg, meat or vegetables); **malpuwa** (sweet, fried, for festivals)
- a hot pan: cook only with a grown-up nearby, hold the handle

Key words

ingredients: the things you need to cook a dish.

procedure: the steps to follow, in order.

sieve: a net or pan of small holes; to pass something through it.

stir: turn a spoon round and round, to mix.

mixture: different things mixed together.

squeeze: press hard, to get juice out.

pancake: a thin, flat, round cake cooked in a pan.

flip: turn over quickly.

sprinkle: scatter small bits or drops over something.

opposite / across from: on the other side of the street, facing.

Pronunciation: silent letters

Word	Say it	Silent
weigh	like *way*	**gh**
knead	like *need*	**k**
sieve	like *give* (*siv*)	final **e**

- the others say every letter: *flip, chop, stir, squeeze, pinch, mix, add*
- *knead* and *need* sound the same, but are spelled differently and mean different things

Grammar I: the imperative

- **imperative** = a sentence that tells someone to do something; starts with the **plain verb**, no *you*
- **not** to do it: **Don't** + plain verb

Do it	Don't do it
Open your book.	**Don't open** your book.
Be quiet.	**Don't be** noisy.
Turn left.	**Don't turn** left.

- used for **instructions** (*Stir it*), **directions** (*Turn right*), **rules** (*Don't cheat*), **warnings** (*Don't touch!*), **offers** (*Have some tea*)
- polite: add **please** (*Please sit down.*)
- **rewriting:** drop *you* and *must / should / can*; start with the main verb
  - *You should get up at six.* → ***Get up*** *at six.*
  - *mustn't, can't, needn't* → **Don't**: *You can't park here.* → ***Don't park*** *here.*
- **school rules:** good thing → plain verb (*Pay attention. Be polite.*); bad thing → *Don't* (*Don't bully. Don't be late.*)

Writing I: frying an egg

1. **First**, heat a frying **pan**.
2. **Next**, add some **oil** into the pan.
3. **Then**, break an **egg** and add it to the pan.
4. **Cook** it until the white is just **set** (white and firm).

5. **Finally**, slide the egg onto your **plate**.

- **fried egg**: broken in whole, yolk stays round; **omelette**: egg beaten first, cooked flat, often folded
- heat **cooks** the white: clear and runny → white and firm, never back (not melting or boiling)

Reading II: Reading a Map

- **phrases:** *go straight, turn right, turn left, on the right, on the left*
- **left and right depend on you:** walk back down a street and the bank on your right is now on your left; give directions as if you were the walker
- **the town map:** across: Araniko (top), Janak (middle), Balbhadra (bottom) Streets; up and down: Bhrikuti (left), Phalgunanda (right)
- every route starts at the **corner of Bhrikuti and Balbhadra Streets**

Directions (short)	You reach
along Bhrikuti, first right, straight on; left, between restaurant and hospital	**post office**
along Balbhadra, left into Phalgunanda, second left; between amusement park and greengrocer	**car park**
along Bhrikuti, first left; on your right, opposite the park	**petrol station**
along Balbhadra, first left; on your right, next to the bank	**cinema**
along Bhrikuti, second left; on your left	**stadium**

Grammar II: prepositions of direction

- place (Unit 8): where it **is**; direction: which way it **moves**

Word	Meaning	Example
across	one side to the other	*Walk across the road.*
along	following it, end towards end	*along the river bank*
through	in one side, out the other	*through a tunnel*
past	by it, and on beyond	*Go past the temple.*
around	in a circle about it	*around the field*
over	up and down the other side	*jumped over the wall*
into / out of	outside → inside / inside → outside	*out of the box*

- **New Road:** facing across the road = **opposite** (bank, library); side by side = **next to** (temple, library); one on each side = **between** (park, between school and temple)
- **a railway bridge** carries trains over you: walk **under** it; a road bridge over a river: walk **across** it
- *at the traffic lights, at the end **of** the street, the third turning **on** your right, straight ahead, in front of you*

Speaking and Writing II: giving directions

Ask	Answer
Excuse me, where is the …?	*Go straight on.*
How do I get to the …?	*Turn left / right at the junction.*
What are the directions to the …?	*Walk along the road until …*
	It's on your left / right.
	It's opposite / next to / between …

- start with **Excuse me**, end with **Thank you**
- **writing directions:** start from *You are here*; one step a sentence, each starting with a verb; end with where it is (*on your left, next to the pharmacy*)
- **project:** a map of your school from above; label the rooms, star your classroom, give directions

Listening: Sarah's apartment

Place	Where
her apartment	**between a bank and a coffee shop**
the grocery store	**across from the coffee shop**
the movie theater	**next to the grocery store**
the subway	**one block down the street**
her favorite restaurant	**a block past the subway** (French)

- American words: **grocery store** = food shop; **movie theater** = cinema; **subway** = underground train; **one block** = corner to corner

COMMON MISTAKES

✗ You stir the soup. (as an order)
✓ **Stir** the soup.

✗ Don't is late. / Don't late.
✓ **Don't be** late.

✗ Not touch the stove!
✓ **Don't touch** the stove!

✗ You mustn't run. → Not run.
✓ **Don't run.**

✗ kneed the dough
✓ **knead** the dough

✗ Go past the road. (to the other side)
✓ Go **across** the road.

✗ The bank is next to the library. (facing across the road)
✓ The bank is **opposite** the library.